



P.O. Box 20321  
Castro Valley, CA 94546

# CVSC SkiZette

June, 2009

Celebrating our 25th year!!



## EVENTS CALENDAR

(f) = flyer in this issue

### Special Events:

FWSA 77th Annual  
Convention  
Reno, NV  
June 4-7

Byington Winery Tour  
June 10

### Inside this issue:

|  |              |
|--|--------------|
| Company Store/A<br>word from Club Sec-<br>retary | 2            |
| President's message/<br>Consider This            | 3            |
| Travel Update                                    | 4            |
| Bicycle safety tips                              | 5            |
| Trip flyers                                      | 7-8          |
| Avid Skiers in<br>Control                        | Back<br>page |

### JUNE

- 4-7 FWSA 77th Annual Convention, Reno, NV (Peppermill Resort Spa & Casino)
- 10 CVSC board meeting at Dennie's
- 13 CVSC Byington Winery Tour
- 17 CVSC general meeting at Don Jose's

### JULY

- 8 CVSC board meeting at Eva's
- 15 CVSC general meeting at Don Jose's

### AUGUST

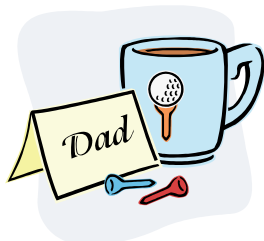
- 1 Vin et Cuisine at the Rubis'
- 12 CVSC board meeting at Rindie's
- 19 CVSC general meeting bbq TBD
- 21-9/2 CVSC Ski & Sightsee Argentina

### UPCOMING

- 10/18-25 CVSC Cruise to Caribbean on Carnival Victory (f)
- 2010:  
1/30-2/6 FWSA Ski Week at Keystone, CO (f)  
Trip to Turkey in October (more info to come)

### JUNE BIRTHDAYS

|                   |    |
|-------------------|----|
| Norman Prickett   | 6  |
| Ben Newmarker     | 15 |
| Laura Jeong       | 17 |
| Rindie Chase      | 19 |
| Linda Marver      | 20 |
| Claudia Fernandes | 24 |
| Ralph Sherman     | 27 |
| Terry Walton      | 30 |



Visit our Website at [www.cvskiclub.org](http://www.cvskiclub.org)

## The Company Store

The following Castro Valley Ski Club promotional items, with logo, are available to members :

- Black Ball Caps \$10
- Gold Key Rings \$5
- Logo Luggage Tags \$1.50; 4/\$5
- Logo Fanny Packs \$20
- Club Patches \$1

**SEE DEAN OR JOLENE MICHAEL TO PURCHASE ANY OF THESE GREAT ITEMS**

## SkiZette Policy

### NEWSLETTER

#### DEADLINE: 28th of the month

Articles submitted by this date will be included in the following month's newsletter - space permitting.

Submit articles to:

Dennie Warren, 16606 Selby Drive, San Leandro, CA 94578

Phone (510) 759-3415; Fax (510) 276-2444

Email: [dennieluuu@comcast.net](mailto:dennieluuu@comcast.net)

*Didn't get your newsletter? - Change of Address? - PLEASE Contact Karen Wehrman, VP Membership at (510)538-2872; email: [kwehrman@comcast.net](mailto:kwehrman@comcast.net)*



From the secretary's desk..... by Eva Lanphear

Re: Changes to the CVSC by-laws

The following highlighted section is a proposed addition to the by-laws. As members who have not previously been in a leadership role assumed these roles, it became clear that the Executive Board would also be losing members who possessed valuable experience and knowledge about the history of the working of the board as well as working with the Council and other organizational and bureaucratic entities that come with the leadership functions in a non-profit ski club.

It was proposed and approved by the board that two trustee positions would be created.

The purpose of the trustee position is to allow experienced leadership to continue to serve on the board without the responsibilities associated with an elected position.

## ARTICLE V: OFFICERS AND COMMITTEES

**Section 5.1:** The Executive Board shall consist of the following elected officers:.....>

**Section 5.2:** In case of the absence of the President.....>

**Section 5.3** An officer who does not..... >

**Section 5.4:** The chairs of committees shall be appointed by the President to whom they report, but must be approved by the Executive Board. The following committees shall be established:

- a) Travel Director
- b) Newsletter,
- c) Racing,

- d) Nominations,
- e) Phone, and
- f) Activities Director.

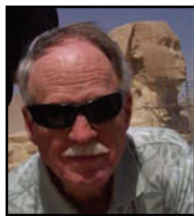
g) *Trustee (2)*

(1) To be considered for a trustee appointment, a member shall have served on the Executive Board for a combined period of 5 years or longer.

h) Other committees may be established as needed. Chairs serve at the pleasure of the officer to whom they report and may be replaced at will with the approval of the Executive Board

Once all the changes to the bylaws that have been approved by the membership have been made, the by-laws will be posted on the club's webpage so that all members will have access to the information.

## President's Message



Writing a column once a month during ski season or after a club trip gives me lots of subject matter to choose from. But along come Spring and Summer and I have to fish for an interesting topic, something that hopefully everyone will enjoy. Out of the blue comes an idea. How about selecting one of our members to interview and then wrapping what I learn about that person's life around the June Skizette. No one in particular stood out since all of our active members are first class. Then one recent morning while driving to a business meeting, listening to country western music, along came the old song "Jolene, Jolene, Jolene". Boom!!! I had found my subject. A day later I was on the phone extracting as much about Jolene Michael's life as was practically reasonable. What fun to go beyond knowing only what comes out in a brief conversation at one of our CVSC meetings or at an event. It was fascinating as she opened the door to who, where, how and when, and shared the wonders of her fulfilling life and the things that keep her productive and active to this day. I am about to share "This is Your Life, Jolene" with you and I am confident you will be amazed that this somewhat soft-spoken (*well not always*) lady has done with fifty-some years of a fascinating life.

### JAMMIN' WITH JOLENE

Jolene started life on a farm in the town of Downey, California and after a short time the family moved to Big Bear Lake, then to Colorado Springs, on to Dairy Valley, a hop to Santa Fe Springs in LA County, off to Hawaii and then back to Big Bear. Dad experienced frequent job transfers. Shortly after graduating from High School in Big Bear she hitch hiked alone back to Colorado Springs where she met a handsome young dude named Dean, fell in love, got married and celebrated their 33<sup>rd</sup> anniversary recently. Congratulations guys!!

Backing up to younger years we would find her involved in soft ball and volley ball. Yup, she was a jock and I suspect a very competitive player, judging from her skiing ability. She learned to crochet back then and continues to produce beautiful items yet. Jolene was also a tap dancer and under some conditions she still enjoys showing her talent. She performed her dance routines on "Art Linkletter's Dance Studios" TV show and can recall her exciting Christmas day performance on LA's channel 13 when she was seven years old. *Sounds like another Shirley Temple*. What fun memories! Wish we had a CD.

Dean and Jolene are at home on their three-quarter acre "homestead" in the area once known as Oakland's Leona Heights. *Sounds like a place with a nice view of the bay*. Many of us have enjoyed Jolene's excellent home-made jams and jellies at our annual auctions and when she makes them available at our meetings. This is her way of raising funds for the walks sponsored by the "A Cure for Breast Cancer" organization. She has completed several of those long, 60 mile treks demonstrating her caring and support for this cause. Her family has been affected by this terrible disease with the loss of her grandmother, her aunt and her best friend's mom. The walks are her memorials to them. This year alone Jolene has sold 720+ jars of her jelly, for a total of \$3,300, all donated to her cause. WOW! Incredible! What a heart.

She tends a huge garden and orchard, raising the crops that eventually end up in those decorative jelly jars and on their dinner table. Dean weeds and waters and does the roto-tilling and planting. The gardens and orchards on the property are situated on a twelve-tiered hillside and include rhubarb plants that are 50+ years old. Fruit trees include oranges, lemons, apricot, cherry, plum and pear. No Apple? Maybe one day she will bring my favorite pie to a meeting. Strawberry-Rhubarb. Whatever the price, I've got it!

I expect by now you are thinking that Jolene is a stay-at-home wife with crocheting, gardening, canning, cooking and house-keeping to keep her very busy. Uh Uh! Wrong! Since 1991 she has worked as office manager at Foothill Hardware in Oakland, sharing the load with the female general manager. She hires and fires and takes care of the books and payroll. Amazing that she can find time to ski and take trips with CVSC, on top of her seemingly incredibly crammed schedule. (*she has been a CVSC member since 1998*) Maybe we should ask her to give us a program on the subject of time management and multi-multi-multi tasking.

My eyes will see her in a much different light from now on as I integrate my new knowledge of what lies beneath that quiet, un-assuming façade, into her being.

P.S. Thanks to Jolene for opening her heart and soul and sharing the accomplishments of her good life with her Castro Valley Ski Club friends.

Who's next?

Ralph

## Consider this...



Greetings!

### Bay Area Snow Sports Council News

**Council leadership update** - The new BAC board of directors for the upcoming 2009/2010 term becomes effective June 1.

CVSC with four members on the BAC BOD will be well represented at the council level. Notable is the new VP Communication our very own Dennie Warren, CVSC newsletter editor. Dennie has done an outstanding job with the SkiZette and I know the skills she has acquired in this position will serve her well in her new role on the BAC board. Please join me in congratulating Dennie and wishing her every success as BAC VP Communications.

|                   |   |                             |
|-------------------|---|-----------------------------|
| President         | - | Dennis Heffley              |
| VP Membership     | - | Michelle Nightengale        |
| Benefits Director | - | <b>Sandy Kyumura CVSC</b>   |
| Industry Liaison  | - | <b>Dave Cunningham CVSC</b> |
| Travel Director   | - | <b>Paula Kinahon CVSC</b>   |
| Treasurer         | - | Paul Vlasveld               |
| VP Communications | - | <b>Dennie Warren CVSC</b>   |
| Public Relation   | - | Linda Indreboe              |
| Marketing         | - | Scott Bowker (appointed)    |

**BAC Discount Lift Ticket Returns:** Unused lift tickets were submitted to the BAC May 10<sup>th</sup>. Those who returned tickets will have the opportunity to repurchase tickets for the 2009/2010 season during the fall timeframe. All you'll need to know about the BAC discount lift ticket program and repurchasing tickets will be disseminated in the SkiZette and at September and October club meetings.

I look forward to seeing you at summer events and meetings and maybe even at the FWSA convention in Reno this month. Meanwhile, I do hope you're having fun.

Best regards,

*Paula Kinahon*

VP & BAC Representative  
 415 983-7145 (day)  
 510 357-6127 (evening/weekend)  
[Pkinahon@Gmail.com](mailto:Pkinahon@Gmail.com)



First of all, **THANK YOU ALL SO MUCH** for the special recognition at our 25-year Anniversary End of Season Banquet. We were truly honored. We are proud of this club and how far it has come over the years. We are now recognized as one of the top clubs in BAC as well as FWSA. It couldn't have been done without all the volunteers this club has produced. When other clubs struggle we have more than enough of our members who step forward to help out. We have made so many good friends through the years and have been lucky enough to travel the world with many of you. The banquet committee did an outstanding job this year. A great time was had by all.

This next year, many of our members will be joining us on more exciting adventures. We leave on August 21<sup>st</sup> with 50 members of CVSC to Argentina. In October we leave on a cruise, which has been very popular. We have 72 going from our club and will be joining other clubs from around the US. We now have pricing on the FWSA Keystone ski trip next year. A flyer is enclosed. We have 52 signed up right now, if you want to go don't delay in getting your deposit in.

**UPCOMING CVSC TRIPS**

**• 2009 CVSC Southern Caribbean Cruise OCTOBER 18 - 25**

This should prove to be a fun trip with so many of us! Most of us are spending a few days before the cruise in San Juan. We still have room if anyone else wants to sign up. The balcony rooms are sold out (we could wait list you) but we do have some window cabins available. Price includes port & fuel charges. \$639.00-OUTSIDE ROOM \$779.00-BALCONY



**• FWSA/BAC/CVSC Keystone Trip Jan. 30<sup>th</sup> - Feb. 6<sup>th</sup>, 2010**

**CVSC is taking \$200 per person deposits now.**

Priority placement will be based on first received deposits.



|                   |                                |            |
|-------------------|--------------------------------|------------|
| River Run Village | 2 BR/2 BA Condo (no twin beds) | \$1,105 pp |
| Lakeside Village  | 2 BR/2 BA Condo                | \$1,040 pp |
| Keystone Lodge    | Hotel Room                     | \$1,315 pp |

*Note: This pricing does not include air/transfers*

**• 2010 CVSC Turkey - October 2010.**

Tucker - CVSC Travel Director & Kathy - Assistant Travel  
18351 Standish Ave. Hayward, CA 94541  
[tkhoffmann@aol.com](mailto:tkhoffmann@aol.com)

CVSC CST # 2081040



## Bicycle safety tips

### Obey traffic laws

Traffic violations cause the majority of bicycle/motor vehicle accidents. Following traffic laws makes bicycles predictable to other drivers.

1. Yield when entering the roadway.
2. Stop or yield when required by a sign or light.
3. Always ride in the direction of traffic.
4. Use proper lighting at night.
5. Never ride while intoxicated.
6. Signal your intentions to other drivers.

### Wear a helmet

The law requires bicyclists to wear helmets throughout incorporated and unincorporated King County (Board of Health Code, Title 9). Head injuries cause the majority of bicycle accident deaths. Your head is worth the protection.

### Use good lighting at night

Reflectors are not enough. A white front light and red rear reflectors are required. In addition, use a red rear light or flashing beacon, especially on dark rural roads where drivers need plenty of warning. Bright clothes increase visibility both day and night, but are not enough by themselves for night riding.

### Keep bicycles mechanically safe and loads secure.

Be in control of your bicycle. If a bicycle is too big, hard to handle or if loads shift, an accident can result.

### When bicycling on sidewalks, trails or paths:

1. Keep speeds down.
2. Yield to pedestrians.
3. Yield to traffic before entering or crossing a roadway.

Adults should not ride on a sidewalk unless there is a specific reason (such as crossing a narrow bridge). Note: many communities have specific local laws concerning bicycling on sidewalks and paths; check with city officials for information.

### Train and supervise children

Learning to ride takes many new skills. Adult supervision prevents accidents. Bicyclists of any age should not ride in traffic until they feel skilled with their equipment and traffic rules.

### Take special care on rough or slippery surfaces

1. When approaching a slippery surface (loose gravel, wet metal surfaces, or wet painted surfaces) go slow and avoid sudden stops or turns.
2. Ride slow over rough surfaces (potholes, rocks and cracks) and stand up to absorb the shock in your legs and arms. Cross railroad tracks and cracks in the roadway at a right angle to avoid catching the front wheel.
3. "Turtles," ceramic mounds used to mark some lane separations, and parallel drain grates that can catch a wheel are special hazards to avoid.

### Don't lock your wheels when stopping

Use both brakes during a hard stop. Keep your weight low and back on the saddle. If the rear wheel starts to skid, reduce the force on both brakes. Practice this.

### Ride safely when in a group

Each rider must stop and signal when required. Keep groups small (about 6 riders maximum). When the group stops to rest keep all riders off of the roadway.

### Don't ride too close to parked cars

Opening car doors can cause an accident. Leave about 3 feet of "shy" distance.

*Courtesy of the Northwest Bicycle Federation (article contributed by Sandy Beecher)*



# CARIBBEAN CRUISE

## OCTOBER 18-25, 2009



Dear Ski Club Cruisers,

Thank you for your deposit of \$25.00 for the Caribbean Cruise Oct. 18-25, 2009.

You have selected at:

Balcony Room - \$749

(price is per person - 2 in a room)

Please review the following deposit and cancellation policy:

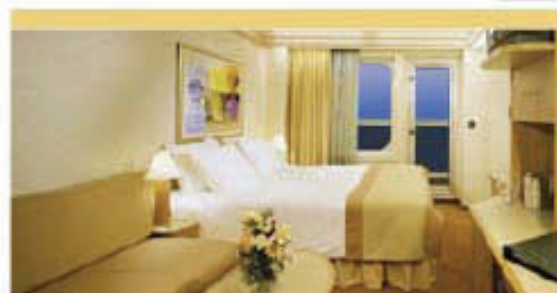
### Deposits:

\$25 DEPOSIT PER PERSON

\$100 DUE July 1<sup>st</sup>, 2008

\$250 DUE APRIL 1<sup>st</sup>, 2009

FINAL DUE JULY 1<sup>st</sup>, 2009



Balcony

### Cruise Cancellation Policy

AFTER JULY 1<sup>ST</sup>, 2008

\$25 PENALTY PER PERSON

AFTER OCT. 1<sup>ST</sup>, 2008

\$100 PENALTY PER PERSON

AFTER JULY 1<sup>ST</sup>, 2009

\$350 PENALTY PER PERSON

AFTER SEPT. 1<sup>ST</sup>, 2009

\$500 PENALTY WITH PORT CHARGES

AFTER OCT 1<sup>ST</sup>, 2009

NO REFUND

IF YOU CANCEL YOU MAY BE RESPONSIBLE FOR THE SINGLE SUPPLEMENT FOR YOUR ROOMMATE

Travel insurance is advised. It can be obtained thru TRAVELGUARD online at [www.travelguard.com](http://www.travelguard.com). They offer specific cruise travel insurance. Please note it is the individual travelers responsibility to obtain this insurance if desired. You can expect to pay between 5-7% of cruise price for insurance.



CVSC & BAC  
Presents **FAR WEST SKI ASSOCIATION**  
**2010 SKI WEEK**

*January 30 – February 6, 2010*

# Keystone, Colorado

3,148 acres, 3 Mountains, Base Elevation 9280', Vertical 3128', Longest Run 3.5 miles  
Interchangeable Lift Ticket: Keystone-Breckenridge-Vail-Beaver Creek-Arapahoe Basin

**Price includes 7 nights lodging (double occupancy) and FWSA amenity package.**

**\*Price does NOT include air or ground transportation.\***

**Keystone Resort Lodging for Castro Valley (availability subject to change):**

|                   |                          |            |
|-------------------|--------------------------|------------|
| River Run Village | 2 BR/2 BA Condo (4/unit) | \$1,105 pp |
| Lakeside Village  | 2 BR/2 BA Condo (4/unit) | \$1,040 pp |
| Keystone Lodge    | Hotel Room (2/unit)      | \$1,315 pp |

See lodging at <http://keystone.snow.com/info/resort/layout.asp>.

NOTE: Children are allowed at the FWSA Ski Week with certain restrictions.

**FWSA Amenity package includes:**

Registration, Welcome Party, Pub Crawl, Council Night Party, 3 Races, Mountain Picnic, Ski Week Banquet, Après Awards Party, 5 of 7 days Lift Ticket.

Castro Valley Ski Club is accepting \$200 per participant deposits.  
Deposits are fully refundable until July 1, 2009.

**MAKE CHECKS PAYABLE TO CVSC** (with Keystone noted in the "for" space)

**SEND PAYMENTS TO:**

Tucker Hoffmann, CVSC Travel Director  
18351 Standish Ave., Hayward CA. 94541

Phone 510-278-7660 E-mail [TKHoffmann@aol.com](mailto:TKHoffmann@aol.com)

**Must be a member of Castro Valley Ski Club - CVSC CST # 2081040**



## 2008/2009 Avid Skiers in Control

|                   |                   |              |                              |
|-------------------|-------------------|--------------|------------------------------|
| President         | Ralph Sherman     | 925-449-7941 | shermescape47@yahoo.com      |
| Vice President    | Paula Kinahon     | 510 357-6127 | paula.kinahon@mckesson.com   |
| VP Membership     | Karen Wehrman     | 510-538-2872 | kwehrman@comcast.net         |
| VP Weekend Trips  | Jim Silva         | 510-538-2872 | kwehrman@comcast.net         |
| Secretary         | Eva Lanphear      | 510-793-3863 | ejlanphe@pacbell.net         |
| Treasurer         | Claudia Fernandes | 925-462-6573 | Claudia.fernandes@jud.ca.gov |
| Newsletter Editor | Dennie Warren     | 510 759-3415 | dennieluuu@comcast.net       |
| Web Manager       | Rindie Chase      | 925 447-3659 | clarinett@comcast.net        |
| Race Director     | Dave Cunningham   | 925 455-1333 | tahoeskier@mail.com          |
| Activity Director | Pat Green         | 925 846-7250 | greendm@comcast.net          |
| Travel Director   | Tucker Hoffmann   | 510 278-7660 | tkhoffmann@aol.com           |
| Past President    | Walt Johnson      | 510-881-8201 | granite53@aol.com            |
| Trustee           | Kathy Hoffman     | 510-278-7660 | tkhoffmann@aol.com           |
| Trustee           | Jim Korn          | 510-357-6127 | jimkorn@sbcglobal.net        |

WEBSITE: [www.cvskiclub.org](http://www.cvskiclub.org)

### Websites/Phone numbers

BAC Web site: [skibac.org](http://skibac.org)  
 Singles league racing:  
[slracing.tripos.com/schedule.htm](http://slracing.tripos.com/schedule.htm)  
 Open league racing: [olrc.org](http://olrc.org)  
 Far West Ski Assoc: [fwsa.org](http://fwsa.org)  
 Take a bus to the slopes: [nacski.com](http://nacski.com) & [bayareaskibus.com](http://bayareaskibus.com)  
 Sierra webcam: [sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/](http://sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/)  
 Far West Racing Assoc: [fwra.com](http://fwra.com)  
 Web cams on the slopes: [magnifeye.com](http://magnifeye.com)  
 Road conditions: 1-800-427-7623  
 Weather: [nws.mbay.net/home.html](http://nws.mbay.net/home.html)  
 Info on all ski areas: [onthesnow.com](http://onthesnow.com)

### *SKIZETTE FOR JUNE, 2009*



P.O. Box 20321  
Castro Valley, CA 94546

ADDRESS SERVICES REQUESTED

ADDRESS LABEL  
HERE

The Next Meeting will be  
June 17

**DON JOSE'S  
MEXICAN RESTAURANT**

3430 Village Dr.  
Castro Valley  
510 538-3290  
(meetings begin at 7:30)

**SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES**  
*First With Safety Awareness Slogan award sponsored by:*



**ASPEN & SNOWMASS**