



Castro Valley, CA 94546
www.cvskicCVlub.org

CVSC SkiZette

December, 2014



EVENTS CALENDAR

(f) = flyer in this issue

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DECEMBER

- 3 CVSC Christmas general meeting at Crow Canyon Country Club
- 12 CVSC Christmas board meeting at Karen's
- 13 BAC/Sierra League Club Appreciation Day at Alpine Meadows (f)

JANUARY, 2015

- 14 CVSC board meeting (tbd)
- 21 CVSC general meeting at Don Jose's
- 1/31-2/7 CVSC Ski Week at Steamboat Springs, CO

FEBRUARY

- 11 CVSC board meeting (tbd)
- 18 CVSC general meeting at Don Jose's

UPCOMING

- 2015:
 - 3/30-4/4 FWSA Mini Ski Trip, Whitefish Mt Resort, MT (f)
 - 10/28-11/13 CVSC trip to Burma (f)

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org



DECEMBER BIRTHDAYS

Wendell Jeong	5	Ken Huntsman	22
Dan Green	5	Pamela Nicholson	23
Christine Noutsios	11	Eva Lanphear	27
Dennie Warren	13	Nancy D'Amico	29
Tina Kahn	20	Steve Tadevich	30



Visit our Website at www.cvskiclub.org

SkiZette Policy

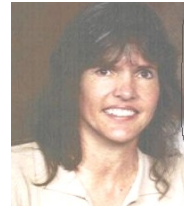
NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter.

Submit articles to:

Dennie Warren, Editor
email: dennieluuu1@att.net



***Didn't get your newsletter? - Change of Address? -
PLEASE Contact Maggie Jong, VP Membership
email: mozoro25@gmail.com***

A DAY AT THE RACES.....

Racers,

Weather is coming in and the snow is already falling. Some of the ski resorts have already been open for the Thanksgiving holiday. **Are you ready?**

So, what does this have to do with Open League, racing. The first race weekend is at **Alpine Meadows with a clinic on January 3rd and a Grand Slalom race on January 4th**. Then get ready for a race weekend at **Squaw Valley January 10th and 11th with a Grand Slalom and a Slalom race**. We get a break on MLK Weekend, Jan 17-19th, then another race weekend with a **GS race at Alpine Meadows on the 24th and an SL at Sugar Bowl on the 25th**. Then we are off to the **CVSC ski trip to Steamboat**, January 31 to February 7th for another break.



Keith Wilson
Race Director

Check out the new **Open League Race** Committee website below. It is updated, and is a great source of league information.

From the Racing League: **The days are short, rainy and snowy weather is coming in.** It's time to prepare your vehicle for winter. Please read through this list of items before you drive in the snow.

1. Make sure your brakes, windshield wipers, defroster, heater, battery and exhaust system function properly.
 2. Check your antifreeze to make sure it has the correct mixture to prevent freezing in cold conditions.
 3. Make sure your windshield washer fluid reservoir is full and contains washer fluid that won't freeze.
 4. Ensure your tires are properly inflated and have sufficient tread. As tires wear their ability to perform in rain and snow is reduced.
 5. If your vehicle needs chains make sure that you have the proper size chains for your tires. Carry a flashlight, chain repair kit and gloves to help with installation. Know if your vehicle is a front or rear drive vehicle. Chains need to be installed on the drive wheels.
 6. Carry an ice scraper to scrape your windows, broom or brush to knock off snow, a shovel in case your vehicle gets stuck and an old towel to clean and dry your hands. Also consider packing jumper cables and a tow strap.
 7. Stock your vehicle with water, food, blankets and extra clothes. You will appreciate these items if you experience road delays or closures.
 8. Keep a current map for your areas of travel in your car. You never know when you might encounter a detour due to road and weather conditions.
- Hide an extra key on the outside of your car or keep an extra key in your pocket in case you accidentally lock yourself out.

Websites of interest: <https://sites.google.com/site/openleaguerracing> For resort info: www.skialpine.com, www.squawalpine.com and <http://www.sugarbowl.com>. Check out the road conditions at 1-800-427-7623 (Caltrans).

Castro Valley Ski Club Newsletter

President's Message

Hello All,

I sincerely hope everyone had a wonderful Thanksgiving celebration. I, personally, am so grateful to see the rain and snow that is falling as I write this message. We can only hope that the precipitation continues for quite a while and that a dent can be made in the drought conditions we have been struggling under for the past few years. Wouldn't it be fantastic to have a great ski season in the Sierras this year? So, you know the drill. Don't stop "thinking snow" just yet.

Many of you were able to attend the annual Auction last month, and it was a success because of you and your participation. Many thanks go to Paula Kinahon for chairing this event (she did such a good job, she will be called on again next year). Thanks, too, to Dave Silva for auctioneering this year and Diana Gartland's organizational skills were so appreciated ~ she really keeps everyone on track. It seems that some of us (no names mentioned) have difficulty remembering what items we purchased and Diana keeps us all honest and makes it possible to enjoy the items we bid on and won. If you didn't make it this year, please consider attending next year ~ lots of fun and a good portion of the funds raised go to Disabled Sports USA, including the Wounded Warrior Program. Thank you so much for everyone who donated items, purchased items and made the event a lot of fun in the bargain.

Many thanks, too, to Pat Green who has organized a festive and elegant Christmas party again this year. Our Castro Valley Ski Club members clean up real well and it is fun to start off the holiday season with those members and a nice party. Thank you, Pat.

Many good wishes to everyone for a very Merry Christmas a Happy Holiday Season and a healthy, prosperous New Year 2015. Hope to see you all on the slopes very soon.

Karen



Karen Wehrman
President

A Word from our VP

This month I want to continue on a few thoughts about handling risk in activities that include it, skiing and riding in particular. I suggested that prioritizing risks is a cornerstone of so-called 'Steep Life Protocols', a terrain management system that increases a skier's safety. Two key backcountry protocols to help us prioritize risk that I covered last month were 1) Be physically and mentally ready, and 2) Monitor weather. Here are some more.



Ron White
Vice President

- 3) Travel with a team mentality: First, choose terrain based on the person in your group who has the lowest ability and on what he or she can handle. Then, consider whether everyone is contributing to managing risk. Did someone show up disorganized, tired, or out of shape? Is there an aggressive risk taker? Those two team members could cause problems, because poor team dynamics increases risk.
- 4) Select practical equipment: Is your pack appropriate for low center of gravity sports? Are your skis adequate for the snow conditions? Are your bindings durable enough and set correctly? The wrong equipment can force the group to break backcountry protocol by having multiple skiers on a slope looking for a lost ski, assisting an injured skier, or a host of other mishaps.

More next time.

Ron



Driving Tips for Driving in the Rain

Rainy driving tips - Slow down! People are so used to driving certain speeds on certain roads that sometimes they forget the need to slow down when inclement weather presents itself.

Before you go - When you begin a journey in rain, your shoes will be wet and liable to slip off the pedals. Scuff the soles on the rubber matting or carpeting of the car before you start the engine.

How are your tires? - Check your tires on a regular basis. Bald tires significantly reduce your traction on wet roadways, and offer little resistance to hydroplaning.

Turn on your wipers - Replace your wipers regularly, at least once a year. Wiper blades in bad condition don't clear water from the windshield very well and distort your view. Don't follow large trucks or busses closely. Splash and spray from these vehicles can obscure your vision, creating a potentially disastrous driving situation. Keep your distance, and your windshield wipers on, when other traffic is in front of you.

Turn on your lights - Whenever visibility is poor or it rains, headlights are a good way to let other drivers know where you are.. Remember, you are not the only one affected by poor visibility. California requires headlights to be turned on when it is raining or when visibility is reduced to less than 500 feet.

Heavy rain - Heavy rain can overload the wiper blades, allowing an almost continuous sheet of water to flow over the screen. When visibility is so limited that the edges of the road or other vehicles cannot be seen at a safe distance, it is time to pull over and wait for the rain to ease up.

Foggy windows - Rain or high humidity can quickly cause windows to mist up inside the car. In a car equipped with air conditioning, turn up the heat and direct the airflow to your defrosters with the AC switch engaged.

Handling a skid - Losing control of your car on wet pavement is a frightening experience. You can prevent skids by driving slowly and carefully, especially on curves. Brake before entering the curves. Steer and brake with a light touch. If you find yourself in a skid, remain calm, ease your foot off the gas, and carefully steer in the direction you want the front of the car to go.

Driving through Water- Stop the car and check the water level before proceeding. Generally, if the water is deeper than the bottom of your doors or the bottom third of your wheels, it is inadvisable to attempt driving through it.

Check your brakes - If you successfully pass through a deep water hazard, test your brakes. They may be saturated, and only driving very slowly and braking lightly at the same time will generate enough heat to dry them out. Be sure they are pulling evenly on all wheels before building up speed again.

(submitted by Sandy Beecher)

CASTRO VALLEY SKI CLUB

10-DAY ALASKA on the GOLDEN PRINCESS

Aug 10-20th, 2015

Cruise is out of San Francisco; don't worry about booking air or luggage being overweight

ITINERARY:

Ports: San Francisco, California; Juneau, Alaska; Skagway, Alaska; Glacier Bay National Park, Alaska; Ketchikan, Alaska; Victoria, British Columbia; San Francisco, California

CABIN PRICING: per person double occupancy

INTERIOR	OCEANVIEW	BALCONY	MINI-SUITE	SUITE
\$1,349.00	\$2,049.00	\$2,299.00	\$2,599.00	\$3,599.00

NOT INCLUDED: Taxes, Fees & Port Expenses additional: \$225.00 USD

DEPOSITS:

\$200.00 PER PERSON DUE NOW
MAY 1st, 2015 FINAL PAYMENT DUE

CANCELLATION POLICY:

NO PENALTY TO CANCEL
PRIOR MAY 1st, 2015

EX MILITARY: \$100.00 ON BOARD

CREDIT I will send the form if needed



**DEPOSIT MAY BE MADE BY CREDIT CARD OR CHECK,
YOU NEED TO CONTACT ME BY E-MAIL OR PHONE AS TO YOUR METHOD OF PAYMENT**

SEND TO:
TUCKER HOFFMANN
2657 Rivers Bend Circle
Livermore, CA 94550

tkhoffmann@comcast.net
510-329-6838 – cell

CST#2081040-40



Sierra-at-Tahoe Resort Special Lift Ticket Rate for BAC Members

Adult Lift Ticket (23+) \$70

Young Adult Lift Ticket (13-22) \$60

Child Lift Ticket (5-12) \$25

Direct-to-Lift Tickets

No Blackout Dates

Exchange Options for Adult Lesson Packages

Rates only available through

<https://store.sierraattahoe.com/grplogin.aspx>

Login: crp-bac

Password: snow1940

**For More Info:
Ryan Parker
Sales Manager
530-543-3134**



ALPINE MEADOWS

**Bay Area Ski Council & Sierra League
Club Appreciation Day**
Saturday December 13th

All Inclusive Day of Fun!

Lift Ticket | \$15 Lunch Voucher | Fun Race

Adult (age 23-64)	\$62
Young Adult (age 13-22) Senior (age 65-75)	\$52
Child (age 5-12) Super Senior (age 76+)	\$38

First Timer Learn to Ski and Ride

Beginner Lift Ticket | 2 hr. 15 min. Lesson | Rental Equipment | \$15 Lunch Voucher

Lesson Times 10am or 1pm

Available to Anyone Age 13 and up

\$61



Offer available EXCLUSIVELY to BAC Club Members

For more information contact Dennis Heffley

President BAC | Vice President NSCF | BOD FWSA

bac.president@skibac.org

CASTRO VALLEY SKI CLUB

presents

Burma & the Irrawaddy River - Cruising the Road to Mandalay



Oct. 28 – Nov. 13, 2015

Limited to 48 includes air from LAX or SFO

Pre-trip to Bangkok - \$399

Post-Trip to Inle Lake, Myanmar - \$1099

Myanmar, formally Burma, is a hot destination and for two reasons: firstly, the door has been opened on a piece of Asia that has been isolated from the pressures of development (and, indeed, tourism) for five decades; and secondly, it offers so much to the traveler it is hard to know where to begin. The country has all the beauty of Thailand's coastal and mountain regions but only a fraction of it has been seen by outsiders. Myanmar is truly a "last chance to see" (Malaysia/Thailand 30 years ago, Vietnam 15 years ago, Cambodia 10 years ago - take your pick).

We will be on a DELUXE Riverboat for 10 days.
There are different categories of cabins depending on the deck level.
We have reserved the WHOLE boat for our group.

Here are the prices WITH air from either LAX or SFO

Irrawaddy Suite B2 - 2 cabins - \$5652

Maugham Suite B1 - 8 cabins - \$5852

Orwell Suite - 16 cabins - \$6052



Call for more info.

Send your \$500 (\$300 is non-refundable) deposit to:
Tucker Hoffmann, CVSC Travel
2657 Rivers Bend Circle Livermore CA 94550
925-371-1910

CST #2081040



WHITEFISH

MOUNTAIN RESORT

The Location of

Far West Ski Association's

2015 Mini Ski Trip

March 30th to April 4th, 2015

Adult package prices will range from \$550 to \$605

Price does NOT include air

"The Voice of the Western Skier"



FOUNDED 1930

Whitefish Mountain Resort is located at The Big Mountain in North-western Montana, located west of Glacier National Park in the Flathead National Forest. FWSA Lodging will be at **Grouse Mountain Lodge** where you will enjoy an authentic Montana experience.



Grouse Mountain Lodge

This trip is limited to 100 participants

Contact Nancy Ellis

530-414-8261 or 530-582-0566

fwsatravelnancy@sbcglobal.net

Must be a Member of a Far West Ski Association affiliated club or a FWSA Direct Member

FWSA CST #2036983-40

Included:

Airport Ground Transfers
4 or 5 Day Lift Tickets
Transfers to Ski Resort
Welcome Party
Farewell Party

More Options:

Snowmobile Tours
Summit Nature Center
Day Spa
Glacier Park Tours
Dogsled Adventures
Sleigh Rides





2014/2015 Avid Skiers in Control

President
Vice President
VP Membership
VP Club Activities
Secretary
Treasurer
Newsletter Editor
Web Manager
Race Director
Travel Director
Past President
Trustee
Safety Chair

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Eva Lanphear 510-793-3863
Claudia Fernandes 925-462-6573
Dennie Warren 510 759-3415
Ray Jong 925-447-5148
Keith Wilson 925-828-8265
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Ralph Sherman 925-449-7941
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WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm

Open league racing: olrc.org

Weather: nws.mbay.net/home.html

Best weather website for snow: Tahoeweatherdiscussion.com

Far West Racing Assoc: fwra.com

Web cams on the slopes: magnifeye.com

Road conditions: 1-800-427-7623

Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR DECEMBER, 2014



The next meeting will be
December 3

Crow Canyon Country Club
711 Silver Lake Dr
Danville, CA 94526

(meeting starts @ 7:00p)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS