



Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

January, 2014



EVENTS CALENDAR

(f) = flyer in this issue

JANUARY, 2014

- 8 CVSC board meeting at Dennie's (for Eva)
- 15 CVSC general meeting at Don Jose's
- 25-28 CVSC Ski Week at Beaver Creek, CO (w/optional Breckenridge 4 day ext.)

FEBRUARY

- 12 CVSC board meeting at Claudia's (for Sandy)
- 19 CVSC general meeting at Don Jose's
- 2/23-28 CVSC Ski trip to Mammoth (f)

MARCH

- 12 CVSC board meeting at Dennie's
- 19 CVSC general meeting at Don Jose's

UPCOMING

- 8/22-9/6 CVSC Ireland & Scotland (w/optional London 3 day ext.)
- 10/29-11/8 CVSC Tahiti Pacific Princess Cruise (f)

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

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**HAPPY
2014!!!!**

JANUARY BIRTHDAYS

Dean Schlax	4	Karen Dubois	16
Richard Warren	7	James Spaustat	16
Connie Wolzinger	8	Sheron Bealer	18
Robert Petersman	8	Ron Zelizer	19
Carol Wulff	9	Cheyl Niese	20
Shirley Thompson	10	Marcia Wood	20
Peggy Valley	11	Jan Tadevich	29
Linda Melliush	13	Suzanne White	29
David Silva	14		



Visit our Website at www.cvskiclub.org

SkiZette Policy NEWSLETTER

DEADLINE: last week of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor
email: dennieluuul@att.net



**Didn't get your newsletter? - Change of Address? -
PLEASE Contact Dave Silva, VP Membership
email: silvadave@yahoo.com**

A DAY AT THE RACES.....

Our **first races** are on Saturday and Sunday, **January 4 and 5 at Alpine Meadows**. Yes, this is a **change** from the **original race schedule**. Are you surprised? There is **very little snow!** Alpine Meadows will do what they can to prepare the Kangaroo run. Please **Sign-In** by **8:30am** each morning. Sign-in will be by the fireplace upstairs in the Main Lodge. Alpine will be selling **discount tickets** at a special kiosk near our Sign-in location (see website for prices – www.olrc.org, under Announcements).

Some of us know how racing has changed over the years. It used to be that racing took up most of the day on the mountain, but not anymore. The competition has become streamlined. There are reasons for this:



Keith Wilson
Race Director

- Open League racing is organized by a highly experienced group.
- The ski resorts are much more experienced at putting on a race.
- There are fewer racers.
- Race classes are increased, making it easier to balance the groups that race together.

Those of us that have been racing for 10 or more years have seen this. Racing has improved in many ways:

- The race courses are longer than they used to be.
- The race courses are better groomed with fewer ruts.
- Even the intermediate racers get two runs sometimes.

For anyone who would like to **try racing**, come on up for a weekend. Anyone can try the racecourse for a small fee that can be applied to league registration. Just be there by 8AM. Or call me for more information at 925-828-8265 (H) or 925-549-1715 (C).

Other January races will be held **on the Beaver Creek ski trip**. Check your trip **Activity List** for more info.

Included is the schedule for the upcoming race season. It is also on the website for **Open League**. Watch the Open League website for the latest information - www.olrc.org.

Check Caltrans road conditions if we get a storm within 24 hours of your trip (1-800-427-7623). The roads are usually cleared 12 hours after the storm ends. Sometimes it just rains on the roads.

Races usually start 9:30 AM or 10 AM. Early in the season, the league starts the 8-10's first, then the 5-7's (intermediates), then the 0-4's (advanced). Later in the ski season the starting-order changes.

It is not too late to **join the Castro Valley race team** since this is early in the season and there are plenty of races. Call me; email me (keithwilson108@sbcglobal.net) whatever. Just do it at least one week before the next race so it will count. Otherwise, show up on registration day by 8:00 AM and I will get you on the course as a "courtesy racer".

Websites: www.skialpine.com. Check the Open League Race Committee website for latest news (like race cancellation) and results: www.OLRC.org.

Keith
Race Director

President's Message

Greetings all,

First, I want to wish everyone a very happy, healthy and snowy 2014!! The holidays are but a memory and we look forward to the year ahead and in particular the upcoming ski season. At this time, the snow situation is pretty dire, and I know that you are all hoping as desperately as I am for a good cold storm system to arrive and with it a good start to the season.



Karen Wehrman
President

As a kick-off to the holiday season, we have Pat Green to thank for organizing a really nice and elegant Christmas party for us again this year. We had a wonderful dinner and lots of good cheer - so thank you Pat for all you do for Castro Valley Ski Club!!

Many of us will take off for Beaver Creek later this month - Kathy and Tucker have been working hard on all the arrangements, and we have a great time in store for us in Colorado - with an extension to Breckenridge, too. It sounds like the snow conditions are a bit better in Colorado, but snow is definitely needed. If you have not participated in a ski week in awhile, you are missing out - what a wonderful week with friends and fellow skiers, and when you ski for five or six days in a row your skiing ability really does improve a lot. You will have options for parties and events that will amaze and delight you, all while getting those great days of skiing in during the day - what a really beautiful thing it is - and I can't wait.

Remember, too, that Jim Silva has organized a week in Mammoth Mountain at the end of February. Mammoth has a 30" base at this time, so they are in a good position if they get more snow soon. Jim has negotiated some good room prices, waived resort fees and lift tickets are a good deal, too. So, check it out and join us for some good skiing in Mammoth.

Well, as scary as the snow conditions are right now, we must have faith that things will improve and think positive thoughts!!

So, stay positive, think snow, and have an adventurous year with Castro Valley Ski Club!

Karen

A Word from our VP

Herewith: a report from the slopes. Well, from Northstar anyway, where the snow making is extensive and the grooming assiduous. On the 16th and 17th, most lifts were running, but with basically only one way down from each. On the backside you could take Burnout, or Drifter by cutting over to the Zephyr Lodge. And Lookout Mountain was inaccessible unless your lodge is at the bottom, and the slopes showed a lot of dirt in any event. It was fun if you stayed on the artificial stuff.



Ron White
Vice President

But, it hasn't snowed since, and the forecast is grim. I was out mainly to see if I could still do it, with my new knees. But it was just like old times, I could detect no issues attributable to the replacements. I've talked to several Club members and others in Truckee who also have knee pain, and I couldn't have been more encouraging about the fix. I skied on Monday and rode my board Tuesday, great fun on both. I did cut back speed a bit, after all it was my first outing of the season, but my endurance seemed normal.

So it's time to sign up for the Mammoth Trip (see the blurb in this issue) now that I can still ski/ride. With two months to go, one might reasonably assume there will be coverage while we're there. Right now, roughly 25% of the listed runs are open, and most lifts are closed.

I wish the best of luck to those going to Beaver Creek later this month. I really like the area, but last year I couldn't just assume I was going to be ready.

Ron

MAMMOTH MOUNTAIN SKI TRIP NOTICE:

Friday, January 31st, is the last day to reserve your room for Mammoth at the discounted rate.

(see flyer in this issue for details)

Open League Race Schedule 2013 – 2014 (As of August 27, 2013)*

Date	Day	Location	Event
Jan 4, 2014	Sat	Alpine Meadows	Race 1 – GS
Jan 5, 2014	Sun	Squaw Valley	Race 2 – GS**
Jan 18 –20, 2014	Sat – Mon	No Open League Races	MLK Weekend
Jan 25-Feb 1	Sat-Sat	Beaver Creek, CO	CVSC/Far West Ski Trip
Feb 1-5, 2014	Sat-Wed	Breckenridge, CO	CVSC Post Trip
Feb 8, 2014	Sat	Northstar	Race 3 – SL**
Feb 9, 2014	Sun	Northstar	Race 4 – SL**
Feb 15 – 17	Sat –Mon	No Open League Races	President's Weekend
Feb 22, 2014	Sat	Northstar ***	Super G Clinic (Sierra Lg)
Feb 23, 2014	Sun	Northstar ***	Super G (Sierra League)
Feb 23-27, 2014	Sun-Thu	Mammoth Mt.	CVSC Ski Trip
Mar 1, 2014	Sat	Alpine Meadows	Race 5 – SL**
Mar 2, 2014	Sun	Alpine Meadows	Race 6 – GS**
Mar 22, 2014	Sat	Homewood	Race 7 – GS**
Mar 22, 2014	Sat	TBD	Awards Party
Mar 23, 2014	Sun	Homewood	Race 8 – GS****
Apr 4	Fri	Mammoth Mt.	Pacesetters/Clinic
Apr 5	Sat	Mammoth Mt.	Far West Champs
Apr 6	Sun	Mammoth Mt.	Far West Champs

* Check Open League Website for updates/clinics (<https://www.olrc.org>)

** Race combined with Singles/Sierra League.

*** Sponsored by Sierra League, Check their website for more information (www.sierraleague.com). Also, hold this date for make-up races.

****Mini NorCals or make-up race. No additional cost for racers.



TAHITI PACIFIC PRINCESS CRUISE

OCTOBER 29 – NOVEMBER 8, 2014 - 10 days

Marquesas & Polynesia

Round trip from Tahiti (Papeete), French Polynesia

These prices are just for the cruise itself. We are working on air (approx. \$1200) and do have optional lodging in Papeete before the cruise and after. It's always fun to go as a group so I hope you'll be joining us.

\$2,499.00 BALCONY BB LEVEL (2)

\$1,999.00 WINDOW

\$1,799.00 OBSTUCTED WINDOW

\$1,699/00 INSIDE

\$120.00 PER PERSON PORT FEES

Ports of Call:

PAPEETE

MOOREA

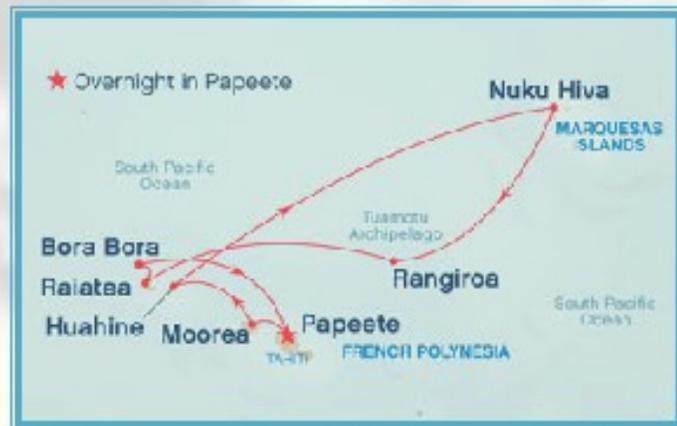
BORA BORA

HUAHINE

RANGIROA

RAIATEA

NUKA HIVA



\$550.00 PER PERSON DEPOSIT TO BOOK ROOMS

Make Checks payable to CVSC - Send payments to:

Tucker Hoffmann, CVSC Travel

2657 Rivers Bend Circle, Livermore CA. 94550

Phone 925-371-1910 E-mail tkhoffmann@comcast.net

CVSC CST # 2081040

Driving on Snow and Ice: Safety Tips

by Mac Demere, Contributor

The best tip for winter driving: Sometimes it's best to stay home, or at least remain where you are until snow plows and sanding crews have done their work.

1. **Get a grip.** To have adequate snow traction, a tire requires at least 6/32-inch deep tread, according to The Tire Rack. (New passenger-car tires usually have 10/32-inch of tread.) Ultrahigh-performance "summer" tires have little or no grip in snow. Even "all-season" tires don't necessarily have great snow traction: Some do, some don't.
2. **Make sure you can see.** Replace windshield wiper blades. Clean the inside of your windows thoroughly. Apply a water-shedding material (such as Rain-X) to the outside of all windows, including the mirrors. Make sure your windshield washer system works and is full of an anti-icing fluid. Drain older fluid by running the washers until new fluid appears: Switching fluid colors makes this easy.
3. **Run the air-conditioner.** In order to remove condensation and frost from the interior of windows, engage your air-conditioner and select the fresh air option: It's fine to set the temperature on "hot." Many cars automatically do this when you choose the defrost setting.
4. **Check your lights.** Use your headlights so that others will see you and, we hope, not pull out in front of you. Make sure your headlights and taillights are clear of snow. If you have an older car with sand-pitted headlights, get a new set of lenses. To prevent future pitting, cover the new lens with a clear tape like that used to protect the leading edge of helicopter rotor blades and racecar wings. It's available from auto-racing supply sites.
5. **Give yourself a brake.** Learn how to get maximum efficiency from your brakes before an emergency. It's easy to properly use antilock brakes: Stomp, stay and steer. Stomp on the pedal as if you were trying to snap it off. Stay hard on the pedal. Steer around the obstacle. (A warning: A little bit of steering goes a very long way in an emergency. See Tip 8.) If you drive on icy roads or roads that are covered with snow, modify your ABS technique: After you "Stomp" and the ABS begins cycling — you will feel pulses in the pedal or hear the system working — ease up slightly on the pedal until the pulsing happens only once a second.

For vehicles without ABS, you'll have to rely on the old-fashioned system: You. For non-ABS on a mixed-surface road, push the brake pedal hard until the wheels stop rolling, then immediately release the brake enough to allow the wheels to begin turning again. Repeat this sequence rapidly. This is *not* the same as "pumping the brake." Your goal is to have the tires producing maximum grip regardless of whether the surface is snow, ice or damp pavement.

6. **Watch carefully for "black ice."** If the road looks slick, it probably is. This is especially true with one of winter's worst hazards: "black ice." Also called "glare ice," this is nearly transparent ice that often looks like a harmless puddle or is overlooked entirely. Test the traction with a smooth brake application or slight turn of the wheel.
7. **Remember the tough spots.** Race drivers must memorize the nuances of every track, so they can alter their path for changing track conditions. You must remember where icy roads tend to occur. Bridges and intersections are common places. Also: wherever water runs across the road.
8. **Too much steering is bad.** If a slick section in a turn causes your front tires to lose grip, the common — but incorrect — reaction is to continue turning the steering wheel. That's like writing checks on an overdrawn account: It won't improve the situation and may make things worse. If the icy conditions end and the front tires regain grip, your car will dart whichever way the wheels are pointed. That may be into oncoming traffic or a telephone pole. Something very similar happens if you steer too much while braking with ABS.
9. **Avoid rear-tire slides.** First, choose a car with electronic stability control. Fortunately, ESC will be mandatory on all 2012 models. Next, make sure your rear tires have at least as much tread as your front tires. Finally, if you buy winter tires, get four.
10. **Technology offers no miracles.** All-wheel drive and electronic stability control can get you into trouble by offering a false sense of security. AWD can only help a vehicle accelerate or keep moving: It can't help you go around a snow-covered turn, much less stop at an icy intersection. ESC can prevent a spinout, but it can't clear ice from the roads or give your tires more traction. Don't let these lull you into overestimating the available traction.

Sandy

CASTRO VALLEY SKI CLUB
PRESENTS...
MAMMOTH MOUNTAIN
FEBRUARY 23rd – 28th 2014

CVSC IS GOING TO MAMMOTH MOUNTAIN.
WE WILL BE ARRIVING SUNDAY FEBRUARY 23rd, AND STAYING THRU
THURS. NIGHT FEBRUARY 27TH, DEPARTING ON FRIDAY FEBRUARY 28TH

WE HAVE NEGOTIATED A GROUP RATE FOR THIS WEEK ON LODGING AND
LIFT TICKETS.

THE ROOM RATES ARE AS FOLLOWS:

STANDARD – 1 QUEEN BED	\$118.56 includes tax
STANDARD – 2 DBL BEDS	\$118.56 includes tax
SUPERIOR – 2 QUEEN BEDS	\$153.90 includes tax

1 BEDROOM CONDO WITH LOFT - KING BED IN BEDROOM, QUEEN OR TWO TWINS IN LOFT AND QUEEN “MURPHY” BED IN LIVING ROOM. SLEEPS 6	\$340.86 includes tax
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THE TICKET RATES ARE AS FOLLOWS:

ADULT 2-DAY LIFT TICKET	\$145
ADULT 3 of 4 DAY TICKET	\$192
ADULT 4 of 5 DAY TICKET	\$240
ADULT 5 of 6 DAY TICKET	\$285
SENIOR 2-DAY LIFT TICKET	\$123
SENIOR 3 of 4 DAY TICKET	\$163
SENIOR 4 of 5 DAY TICKET	\$204
SENIOR 5 of 6 DAY TICKET	\$242

- LIFT TICKETS PRICES DO NOT INCLUDE A 2% TAX.

YOU CAN BOOK A SHORTER TRIP DURING THIS WEEK IF YOU WISH,
THE SAME DAILY RATE WILL STILL APPLY.

THE SOONER YOU RESERVE A ROOM THE BETTER CHANCE YOU HAVE OF
GETTING THE ROOM THAT YOU WANT. SO PLEASE LET ME KNOW IF YOU
ARE INTERESTED IN GOING AND I WILL FORWARD YOU THE CONTACT
INFO, SO YOU CAN BOOK YOUR PACKAGE DIRECTLY WITH THE RESORT.

THIS IS A GREAT OPPORTUNITY FOR US TO SKI WITH OUR SOUTHERN
CALIFORNIA MEMBERS. I AM LOOKING FORWARD TO SEEING EVERYONE
ON THIS TRIP.

Jim Silva, V.P. of weekend trips email: jpsilvaconstruction@yahoo.com



2013/2014 Avid Skiers in Control

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WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm

Open league racing: olrc.org

Weather: nws.mbay.net/home.html

Best weather website for snow: Tahoweatherdiscussion.com

Far West Racing Assoc: fwra.com

Web cams on the slopes: magnifeye.com

Road conditions: 1-800-427-7623

Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR JANUARY, 2014



The next meeting will be
January 15

Don Jose's Restaurant
3430 Village Dr.
Castro Valley, CA

(meeting starts @ 7:30p)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES

First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS